

Tall He About Vourcalf

Helping Adults Quit Tobacco

Adult Cessation Pre-program Survey

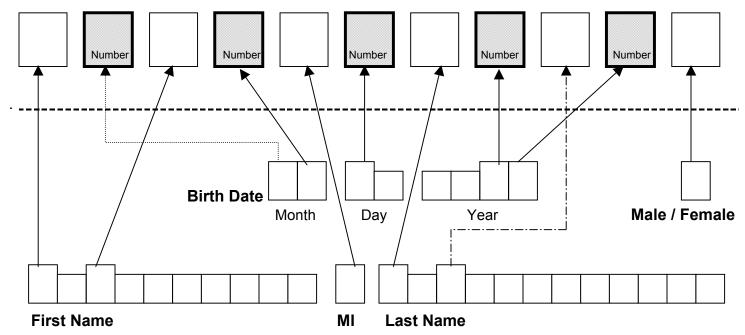
The information on this form is being collected to check whether the activity you are participating in is helpful and effective for most people. The information you give us will help to plan and provide better programs, so please answer the questions thoughtfully. The information you provide is <u>voluntary</u> – you can skip any questions you don't want to answer, and you can stop at any time.

You are being asked to fill in this form before you start, and, again, after you finish this program. Your name and birth date will **not** be connected to the answers you give on these forms. Please be sure to tear off the bottom part of this page **before** you hand back the filled out form. This will ensure that nobody knows which survey is yours.

Tell OS ADOUL TOUISEII					
Official Test Date:	1		1	_	
	(Month)	(Day)	(Year)		
What <u>City</u> do you live i	n?				
What <u>County</u> do you liv	ve in?				
What is your Zip Code	?				

Fold and tear at the dotted line below to remove the bottom section, which you should destroy. Be sure you have put the correct numbers and letters in the boxes. The top section should stay attached to the survey and given to your instructor.

Name Code:





	Days	
	the days you smoked, how many cigarettes per day did you smoke? pack=20 cigarettes)	
(,)	Cigarettes	
Do	you think that you are addicted to nicotine (cigarettes, tobacco)?	
A.	Yes	
В.	No	
C.	Not Sure	
Wh	en was the last time you made a serious attempt to quit using tobacco?	
A.	I have never made a serious attempt to quit using tobacco	
В.	Within the past month	
C.	Between 1 and 6 months ago	
D.	Between 6 months and one year ago	
E.	More than one year ago	
Do	you want to quit smoking or using tobacco?	
A.	Yes	
B.	No	
C.	I already quit	
D.	Not sure	
Are	you seriously considering quitting smoking within the next 6 months?	
Α.	Yes	
B.	No	
C.	I already quit	
D.	Not sure	
Are	you planning to quit smoking within the next month?	
Α.	Yes	
B.	No	
C.	I already quit	
D.	Not sure	
Ωn	a scale of 1 to 10, how strong is your desire to quit right now?	
	at all strong 1 2 3 4 5 6 7 8 9 10 Extremely str	ong
"11-	sing tohacco is a habit Lean break "	
Α.	sing tobacco is a habit I <u>can</u> break." Definitely True for me	
A. B.	Probably True for me	
Б. С.	Probably Not True for me	
D.	Definitely Not True for me	
	=t., 1140 101 1110	



10. "I have the skills that I need to quit smoking."

- A. Definitely True for me
- B. Probably True for me
- C. Probably Not True for me
- D. Definitely Not True for me

11. "There are more negative things about smoking than positive things."

- A. Definitely True for me
- B. Probably True for me
- C. Probably Not True for me
- D. Definitely Not True for me

12. "Will your family help you to quit smoking?"

- A. Definitely True for me
- B. Probably True for me
- C. Probably Not True for me
- D. Definitely Not True for me

13. "Will your friends help you to quit smoking?"

- A. Definitely True for me
- B. Probably True for me
- C. Probably Not True for me
- D. Definitely Not True for me

The last questions ask for more information about you. Your answers are confidential. You do not have to answer these questions.

14. What is the highest level of education that you have completed?

- A. Some high school, did not graduate
- B. High school graduate or GED
- C. Some college or technical school
- D. College Degree

15. What is your Race or Ethnic group? (select all that apply)

- A. African American/Black
- B. Asian/Pacific Islander
- C. Caucasian/White
- D. Hispanic/Latino
- E. Native American/Alaskan Native

THANK YOU FOR TAKING THIS SURVEY!